



Sun City Anthem Lifestyle Calendar



March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Calendar is subject to change. Please check the portal for current schedules.</i>						1 Ceramics 9 am
2 Menopause the Musical 2 pm	3	4	5 ASU: Health Risks 10 – 11:30 am	6 Basic Internet Class 4 pm	7 Community Movie 7 pm	8 Ceramics 9 am Coffee, Croissants & Conversation 10 am
9	10 One Year Anniversary of the Union Center!	11 ASU:Retirement Transitions 1:30 – 3 pm	12	13	14 St Patrick’s Day Potluck 6 pm Scrapbooking Workshop 10 am – 1 pm	15 Ceramics 9 am
16 Breakfast Club 7:30 am	17	18 Merrill Lynch Identity Theft Seminar 11 am ASU:Retirement Transitions 1:30 – 3 pm	19	20 ASU: Cowboys, Cooks and Crooks 1:30 – 3 pm Ron Gartner Show 6:30 pm	21 Lifestyle Update 9:30 am	22 Ceramics 9 am
23	24 ASU:Computer Clinic 10 am – 12 pm	25 Basic Internet Class 4 pm Club Mixer 5 pm	26 Resident Picnic 11 am	27 Night at the Movies <i>Georgia Rule</i> 7 pm	28	29 Ceramics 9 am MS Bike Ride
30 MS Bike Ride	31	<p>Check out the Sun City Anthem Activities group calendar at www.ouranthemmr.net! Questions about an event? Contact 723-6612 or Shannon.Johnson@ouranthemmr.net.</p>				

March 2008 Group Exercise Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30-8:30 am							
9:00-10:00 am		Core Training	Low Impact	Muscle	Step Aerobics	Stretch	
10:30-11:30 am		Swim Aerobics		FUNctional Fitness		Swim Aerobics	
11:30-12:30 pm							

Sun City Anthem Group Meetings



Group	March Meeting	Contact #
Hiking	March 6 @ 7:30 pm	723-9045
RV/Travel	March 6 @ 6:30 pm	723-9045
Investment	March 13 @ 6 pm	233-6040
Pickleball	Tues/Thurs/Sat @ 9 am	723-9454
Genealogy		723-6454
Book Club (3614 N. Manassas Ct)	March 21 @ 2 pm	723-6354
Red Hat's	March 28 @ 12:15 pm	723-6454
Sun City Solo's (7252 W. Heritage Wy)		208-0552
Quilting/Sewing	Thursdays @ 10 am	723-5878
Cooking	March 18 @ 6 pm	723-9719
Bridge	Mondays @ 1 pm	723-6299
Bocce Ball Social (weather dep.)	Fridays @ 4:30 pm	413-2900
Co-Ed Softball	Saturdays @ 3:30 pm	233-6040
Poker	Thursdays @ 1 pm	233-6036
B-I-N-G-O	2 nd & 4 th Thursdays @ 1 pm	480-837-3404
Mexican Train	1 st & 3 rd Thursdays @ 1 pm	723-0674
Bunco	Wednesdays @ 6 pm	